

### Analysing Your Seven Stories

Now it is time to analyse your stories. You are trying to look for the threads that run through them so that you will know the things you do well that also give you satisfaction. Some of the questions below sound similar. That's OK. They are a catalyst to make you think more deeply about the experience. The questions don't have any hidden psychological significance.

If your accomplishments happen to be mostly work-related, this exercise will form the basis for your "positioning" or summary statement in your resume, and also for your Two-Minute Pitch.

If these accomplishments are mostly not work-related, they will still give you some idea of how you may want to slant your resume, and they may give you an idea of how you will want your career to go in the long run.

For now, simply go through each story without trying to force it to come out any particular way. Just think hard about yourself. And be as honest as you can. When you have completed this analysis, the words in the next exercise may help you think of additional things. **Do this page first.**

#### Story # 1:

What was the **main accomplishment** for you?

What about it did you **enjoy most**?

What did you **do best**?

What was your **key motivator**?

What **led up to your getting involved**? (eg. Assigned to do it, thought it up myself, etc.)

What was your **relationship with others**? (eg. Leader, worked alone, inspired others, team member, etc.)

Describe the **environment** in which you performed

What was the **subject matter**? (eg. Music, mechanics, trees, budgets, etc )

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### Story # 2:

Main accomplishment?

Enjoyed most?

Did best?

Key motivator?

What led up to it?

Your role?

The environment?

The subject matter?

### Story # 3:

Main accomplishment?

Enjoyed most?

Did best?

Key motivator?

What led up to it?

Your role?

The environment?

The subject matter?

## Analysing Your Seven Stories

### Story # 4:

Main accomplishment?

Enjoyed most?

Did best?

Key motivator?

What led up to it?

Your role?

The environment?

The subject matter?

### Story # 5:

Main accomplishment?

Enjoyed most?

Did best?

Key motivator?

What led up to it?

Your role?

The environment?

The subject matter?

## Analysing Your Seven Stories

### Story # 6:

Main accomplishment?

Enjoyed most?

Did best?

Key motivator?

What led up to it?

Your role?

The environment?

The subject matter?

### Story # 7:

Main accomplishment?

Enjoyed most?

Did best?

Key motivator?

What led up to it?

Your role?

The environment?

The subject matter?

*"We are here to be excited from youth to old age, to have an insatiable curiosity about the world.....We are also here to help others by practicing a friendly attitude. And every person is born for a purpose. Everyone has a God-given potential, in essence, built into them. And if we are to live life to its fullest, we must realize that potential". Norman Vincent Peale*